

## The Spa at The Naples Beach Hotel & Golf Club

### Special GAA 2009 Group Rates

While at the Gravure Publishing Council (GPC) Conference this November at The Naples Beach Hotel & Golf Club, why not indulge your senses at The Spa. Special pricing has been arranged for GAA group members. To take advantage of these discounts and ensure you are able to receive the treatment you desire, we suggest you call 239.659.4304 and make an appointment prior to arriving at the hotel.

#### **MASSAGE and BODY TREATMENTS**

- **Therapeutic Massage**

This classic, full-body Swedish massage offers light to moderate pressure for the release of daily or accumulated tension and stress caused by a busy schedule.

50 minutes \$ 85.00

- **Neuro-Muscular Massage Therapy**

Using firm to deep pressure combined with "trigger-point" techniques for the release of knots of tension and spasms deep in the muscles. This massage is helpful for individuals with neck, shoulder, back and hip discomfort, and range of motion problems.

50 minutes \$105.00

- **Aromatherapy Massage**

A combination of our Therapeutic massage with a custom blend of our aromatherapeutic oils to enhance and personalize the results of this massage.

50 minutes \$100.00

- **Aroma-Reflexology**

Reflexologists believe that massaging the feet can actually change the physiology of the rest of the body. This foot massage is combined with your choice of aromatic blends to enhance the effects.

50 minutes \$ 100.00

- **Rehydrating Milk and Honey Body Wrap**

This treatment starts with the exfoliating body scrub to prepare the skin, followed by the application of our milk, honey and clay body mask. While you are wrapped, a head and neck massage will release any stress and worries that you may be carrying.

50 minutes \$100.00

- **Rainforest Body Scrub**

Enveloped in a cloud of steam and spray, your body is gently exfoliated with a sea salt scrub, followed by a natural sea sponge using our own specially formulated shower gel. The treatment ends with your therapist gently applying a custom blend of hydrating oils and lotions.

50 minutes \$80.00

#### **FACIALS**

- **Florida Fruit Fresh**

This freshly prepared natural fruit mask uses organically pure sources of AHA-BHA to slough off dead skin cells and promote the growth of fresh skin. When combined with the healing plant essential oils, your skin will instantly become smooth, firm and clear.

50 minutes \$89.25

- **Aroma-Therapeutic**

This classic European deep-pore cleansing facial uses a unique aromatherapy purifying process to deep clean the skin without irritation.

50 minutes \$89.25

#### **HAND and FOOT CARE**

- **Spa Manicure**

\$44.00

- **Spa Pedicure**

\$60.00